



Girvani Leerer, PhD. The Shamanic Psychologist

Bridging Shamanism & Psychology to Change Your Story

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OPENING SACRED SPACE

East

To the compassionate spirits of the East ~ The place of the rising Sun, of new beginnings, of springtime.

To the Rising Sun, the element of Air, and the archetype of Eagle, Condor, Hawk, the winged ones.

You belong to what is High. You teach us to fly high with unlimited vision

We thank you for the gift of direction and illumination from the spirit world.

We acknowledge you and honor you – Thank you for being with us!

South

To the compassionate spirits of the South ~ The place of summer, of growth, and full blossoming.

To the midday Sun, the element of Fire who transforms that which no longer serves us.

To the archetype of Great Serpent, who teaches us to shed the past the way you shed your skin, and walk belly to belly on Mother Earth.

To the archetype of Wolf, the pathfinder & teacher, & Coyote, the trickster who tricks us to learn the lessons life brings us.

We acknowledge you and honor you – Thank you for being with us!

West

To the compassionate spirits of the West ~ The place of autumn, of harvest, of endings to make room for the NEW.

To the Setting Sun, the element of Water, the oceans from which all life is born, the place of emotions, of flow

To the archetype of Jaguar who teaches us to embrace the unknown, the way beyond Death, and move beyond fear.

To the archetype of Bear who teaches us to go deep inside to awaken our intuition, power and potential.

We acknowledge you and honor you – Thank you for being with us!

North

To the compassionate spirits of the North ~ The place of winter, of resting to prepare for rebirth and renewal.

To the Midnight Sun, the element of Earth who teaches us to ground into stillness.

To the ancestors, Grandmothers and Grandfathers who have come before us. We honor your wisdom, and honor those who will come after us, our children's children.

To the archetype of Buffalo who teaches us abundance and service.

To the archetype of Hummingbird who teaches us to make our soul journey as she journeys each year from Canada to Brazil, remembering and drinking only from the sweetest flowers, the nectar of life.

We acknowledge you and honor you – Thank you for being with us!

Mother Earth/Lower World

To Mother Earth, Gaia, Pachamama, for all the abundance you give to us.

We come for your healing and the healing of all your children, all our relations, and we commit ourselves to caring for you the way you care for us.

To the compassionate spirits of the Lower World, the place of mystery, of safe keeping for our soul parts, of our power animals. We acknowledge you and honor you – Thank you for being with us!

Upper World

To the compassionate spirits of the Upper World - Father Sun, Grandmother Moon, Star People, Angels and Archangels, Luminous Beings, Great Spirit, God, Buddha, Kwan Yin, Jesus, Isis –the Universal Energy known by all its names.

We thank you for inspiring us, guiding us, and bringing us transformation.

We acknowledge you and honor you – Thank you for being with us!

Heart/Middle World/Web of Life

To the compassionate spirits of the Middle World, the spirit of this land, the spirit of the peoples who walked this land before us, and the stewards of this land.

And to the Heart, the Center, the Web of Life, the community of all our relations of which we are a part.

We acknowledge you and honor you – Thank you for being with us!