**C. Girvani Leerer Ph.D. Licensed Psychologist (CA PSY #24631**

**The Shamanic Psychologist ⬥ IFS Certified Therapist ⬥ Shamanic Practitioner & Teacher**

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**Client Agreement & Disclosure & Policies**

**Psychology and Psychotherapy Services:**

C. Girvani Leerer has a PhD in Psychology and is a Licensed Psychologist in California *(PSY 24631)* and a member of the National Register of Psychology Providers*.* Dr. Leerer is certified and has advanced training in IFSTM Therapy, and advanced training in Clinical Hypnosis, Eye Movement Desensitization Reprocessing (EMDR), and treatment of complex trauma. dissociation, and attachment.

**Dr. Leerer cannot legally provide Psychotherapy services to anyone who is not a California resident.**

**Shamanic Healing and Energy Healing:**

*Shamanic Healing, energy healing, shamanic clearing, extractions, soul retrieval and other energy healing practices are not licensed or certified within the United States or any state, and are considered alternative and complementary unproven forms of care.*

An energy healer, shamanic healer or practitioner, or shaman is not a licensed physician. **She is not qualified to diagnose, treat or prescribe for physical or mental conditions.**

Shamanic Healing and Energy Healing are self-healing methods intended to activate your inner wisdom and inherent healing and growth potential. These practices use ancient and contemporary methods to address energetic and spiritual aspects of illness, emotions, and life conditions. Some individuals feel relaxation, wellbeing, and peace. Others experience moving energy, emotional release, release and resolution of toxic memories and beliefs, and/or visions of images and colors. Some develop insight into life. Others feel nurtured, experience lightness, feel more aligned or present, or have what they describe as a spiritual experience of oneness with life. Some may experience very little. There is no way to predict what YOU will experience physically and emotionally.

Girvani Leerer also has advanced certification from *The Four Winds Society Light Body School* in *Luminous Healing and Energy Medicine*, completed a two year Teacher Training in Shamanic Healing with Sandra Ingerman with authorization to teach shamanic classes, and is an advanced student of traditional Q’ero Andean energy healing practices with the Global Paqo School, Wiraqocha Foundation, as well as being a long time meditation practitioner and studied other shamanic and energy healing practices.

*Although Girvani has a PhD in Psychology and is a Licensed Psychologist in California, she is not working under these licenses when providing shamanic and energy healing services.*

***This disclosure on Shamanic and Energy Healing is intended to fulfill requirements of California #SB577 passed September 2002 affecting non-licensed helping professionals offering alternative complementary health care.***

**Telehealth and Remote (not In Person) Sessions**

All sessions are conducted remotely over the internet or by telephone using Zoom, WhatsApp, or Doxy.me, a HIPAA compliant Telemedicine Platform.

It is important that you understand that telehealth includes risks such as risks to confidentiality and security, data storage policies and procedures specific to telehealth, the possibility of disruption and/or interruption of service due to technological failure, and insurance coverage considerations, e.g. that some insurances will not cover or reimburse a lower amount for Telehealth Services.

Dr. Leerer may decline to provide Telehealth and Remotes services if she believes that such services are not appropriate for or do not provide adequate safety for a particular client.

**Policies:**

* ***Confidentiality:*** All services are provided in a safe, non-judgmental, confidential and supportive holding environment to help clients to work towards transformation, personal growth and wellbeing. Information is not released to third parties without client permission. **Exceptions to confidentiality are determined by law.**
* ***Cancellations:*** I hold your appointment just for you. “No Show” or non-emergency cancellations with less than 48 hours notice ***will result in you being charged the full session fee.* If you are too sick for a remote session and unable to attend, this is considered an emergency cancellation and no charge is incurred.**
* ***Phone Calls:*** There is no charge for brief phone calls to clarify post-session instructions, change an appointment, or for agreed upon follow-up. Extended conversations will be charged a pro-rated fee per 10 minutes based on my hourly fee. It is always best to discuss your concerns during sessions.
* ***Emergencies and Crisis:*** If you are having a life threatening or other emergency/crisis, please contact your nearest hospital emergency room or the Alameda County CA 24 hour Crisis Line at 1-800-273-8255, and leave a message on my phone noting your call is Urgent. **Please note I am not available for 24 hour crisis support and emergencies.**
* ***Emails and Texts:*** I use emails and texts **ONLY** for the purpose of setting up and changing appointment times and agreed upon follow-up. I do not conduct therapy or consultation via email or text. Any issues need to be brought to appointments rather than raised over email or text. **Please do not send an email or text if you are experiencing an emergency or urgent crisis.** If you do not receive a prompt response to email or text (within 48 hours except in case of me being away), please call and leave a message.
* ***Payment:*** You are responsible for payment of all treatment charges. Payment is due at the time of each visit unless otherwise arranged. I accept direct bank transfers (Zelle, Venmo, PayPal) and credit cards through PayPal. PayPal has an additional associated fee.
* ***Insurance:*** I do not bill any insurance company including Medicare directly for psychotherapy services. Your insurance company may partially reimburse your *Psychotherapy* *services.* I will provide you with a receipt with a diagnosis, as required, for reimbursement. *Your Insurance may not reimburse for remote services. Insurance does not reimburse for Shamanic or Energy Healing. services.*
* ***Additional Policies***: may be added to respond to new situations, such as the COVID-19 pandemic. Clients will be apprised of and asked to agree to abide by any new policies that impact them.

**I have read and understand this “Agreement & Disclosure and Policies”. I am aware that these policies apply to in-person as well as Telehealth and Remote services. I am aware of the potential benefits and risks of treatment, including the special risks of Telehealth and Remote Services. I understand I have the right to ask questions and have them answered. I understand I have the right to refuse any particular treatment.**

**I give my general Informed Consent for treatment and for the policies as outlined in this “Agreement & Disclosure & Policies.”**

**Except in the case of gross negligence or malpractice, I and my representative(s) agree to fully release and hold harmless C. Girvani Leerer, Ph.D. from and against any and all claims or liability of whatsoever kind or nature arising out of or in connection with my treatment.**

Name (please print) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_ My typed name, above under “Signature”, represents my electronic signature.